



## Eat Right

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### No Bake Cookies

Who has time to bake? These cookies are so easy – just mix them up and eat.

#### Here's what you need:

- 8 whole-wheat graham cracker squares, finely ground
- 1/4 cup of chocolate chips
- 1/4 cup of smooth natural peanut butter
- 2 tablespoons plus 2 teaspoons honey
- 4 teaspoons of unsweetened coconut

#### Here's what you do:

1. Mix the ground whole-wheat graham crackers, chocolate, peanut butter and honey in a small bowl
2. Pat the mix into 8 cookies and press lightly in coconut

You're ready to eat!

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